



Zentangle® is a Meditative and Mindful Practice: A form of “artistic meditation” as one becomes completely engrossed in making each structured pattern, deliberately using “one stroke at a time”®. The creativity options and pattern combinations are boundless. And anyone can do it! We will create one to three Zentangle pieces in the time allotted. If interested, please print your information on the registration form below:

I _____ (name) would like to register for

- “Zentangle – The Creative Spirit” with Elizabeth Malley
- Friday, October 21, 2022
- Middlesex Community College in Chapman Hall.
- Material cost: I have enclosed either \$3.50 check to Elizabeth Malley or will pay cash at orientation on Sept. 9
- If you do not pay at the MILE Orientation on September 9, you could mail your check directly to: Elizabeth Malley, 1 Cherry Hill Court, Farmington, CT 06032.
- The final date for this registration is September 20th (post mark on your envelope) .

Signed: _____
